

Core Training and Mentoring Program for Neonatal Therapists



IGNITE Program Module Objectives

On Ramp Module: Defining Neonatal Therapy

- 1. Define the role of the neonatal therapist in the NICU.
- 2. Name five areas of scientific knowledge listed in the Neonatal Therapy Core Scope of Practice.

Module1: Implementing a Successful Neonatal Therapy Program

- 1. Describe at least six tips for implementing a successful neonatal therapy program.
- 2. Identify three ways to clarify the neonatal therapist's role in the NICU.

Module 2: Theories and Models of Practice in the NICU

- 1. Define the Synactive Theory of Development.
- 2. Define the theory of Co-occupation as it applies to the NICU.
- 3. Discuss the Integrated Model for therapists in the NICU.
- 4. Name all five components of FENNS.

Module 3: FENNS: Family & Environment

- 1. Identify the three main concerns of the family who has an infant in the NICU.
- 2. Name the common sounds and light sources for the macro/micro environment.
- 3. Discuss the impact the environment has on the premature infant.
- 4. Name two roles of neonatal therapists in relation to the environment.

Module 4: The Neurobehavioral System

- 1. Name two differences in the preterm versus the term brain.
- 2. Name the five stages of brain development.
- 3. Name the five subsystems of the neurobehavioral system.



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Module 5: Neuromotor System

- 1. Name 3 components of the neuromotor system.
- 2. Describe the difference in progression of tone in the term versus preterm infant.
- 3. Name the common reflexes observed in the preterm infant.
- 4. Describe common musculoskeletal deformities that can occur in the preterm infant.

Module 6: The Sensory System

- 1. List all six senses in the order they develop.
- 2. Describe three ways the sensory system can be affected by the NICU.
- 3. Define sensory integration.

Module 7: Neurobehavioral System Assessment and Interventions

- 1. Describe 2 signs of stress for each of the neurobehavioral subsystems.
- 2. Describe 3 appropriate neurobehavioral interventions.
- 3. Describe how to operationalize neurobehavioral cues to a parent.

Module 8: Family Assessment & Interventions

- 1. Define 3 ways to positively impact family outcomes.
- 2. Identify 2 barriers to engagement for families in the NICU.

Module 9: Neuromotor Assessment and Interventions

1. Define appropriate utilization of standardized neuromotor assessment based on individual infant and practice environment.

- 2. List rudimentary details of an informal assessment.
- 3. Identify how to apply results of assessment to recommendations/treatment plans and family education.



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Module 10: Environment & Sensory Assessment & Intervention

- 1. Identify 3 ways to informally assess the environment.
- 2. Identify 3 ways to informally assess each sensory system.
- 3. Identify 4 interventions indicated to treat the environment and sensory systems.

Module 11: Feeding Basics in the NICU

- 1. Identify NICU infants at risk for oral-motor and/or oral-sensory based feeding problems.
- 2. Assess NICU infants' readiness to attempt oral feeding.
- 3. Identify evidence-based practices to assess and support NICU infants in their transition to full oral feeding.
- 4. Recognize documentation that fully reflects infant performance and progress.

Module 12: Putting it all together, Neonatal Therapy Interventions

- 1. Participant will verbalize 3 ways to support infant during caregiving.
- 2. Participant will verbalize 5 components of developmental positioning.
- 3. Participant will identify 3 interventions for families.

Module 13: Instrumental Feeding Assessments & Managing Dysphagia in the NICU

1. Describe 3 indications for recommending a Videofluoroscopic Swallow Study for infants in the NICU.

2. Describe 3 indications for recommending a Fiberoptic Endoscopic Evaluation of Swallowing for infants in the NICU.

3. State 3 strategies for a multidisciplinary approach to feeding and swallowing management for infants in the NICU.